

## Directions

- Decide on the size circle you want.
- Find one ring that matches that size.
- Find the next larger size ring.
- Find a scrap of fabric large enough to cover the hole in the larger ring.
- Place the fabric right side down on the larger ring.
- Place the smaller ring on top of the fabric and press together. The inner ring should sit a hair below the outer, not flush. This will prevent a thick ridge around your circle.
- Cut around the edges of the larger outer ring. Leave a scant $1 / 4$ " or less for smallest sizes. The less fabric in the SA, the easier it is to coax it down.
- Moisten the seam allowance showing with undiluted liquid starch and move/push/coax it toward the center of the inner ring with your fingers. Press with your fingers so that the diameter of your inner ring is SMOOTH, with no folds or pleats. If you see folds, you will end up with a pointy circle. If your inner ring's diameter is smooth, your finished circle will be, too.
- Press the seam allowance toward the center, not sideways, with a hot dry iron. Notice how even the gathers on the underside are. If you see a bulky pleat, distribute it now. If everything looks perfectly eased in on the back, with no points protruding beyond the inner ring, you are guaranteed to have a perfect circle applique when you pop it out.
- Allow to cool completely. You must do this. (We know it is hard to wait!)
- Pop out your perfect, turned edge, fabric circle and reshape with your fingers if it has gone wonky at all with the popping out.
- Then press straight down from the BACK SIDE FIRST to flatten. You can then flip over and press again from the front to flatten even more.

